# ARMY RECRUITING OFFICE RANGAPAHAR ARMY RECRUITMENT RALLY FOR MALE CANDIDATES OF MANIPUR 10 MARCH TO 20 MARCH 2021

COVID-19 PREVENTIVE MEASURES GIVEN IN THE NOTIFICATION WILL BE STRICTLY FOLLOWED DURING THE RALLY

- 1. Army Recruitment Rally for only below mentioned categories will be held for eligible male candidates from all districts of Manipur at Bhagat Stadium, Rangapahar Military Station, Dimapur (Nagaland) from 10 March to 20 March 2021. Online registration is mandatory and will be open from 09 January to 22 February 2021. Admit Cards for the rally will be sent to candidates registered e-mail from 23 February to 28 February 2021. Candidates should reach the location of rally on given date and time as mentioned in the Admit Card.
- 2. Candidates will be screened for following **Categories** only and as per **Quantitative Requirements** mentioned below:-

Category	Age	Born	Minimu	m Phy	sical QR	Education QR
	(Yrs)	Between (Both dates inclusive)	Height (CM)	Weight (KG)	Chest (CM)	
Soldier NA /VET	17 ½ - 23 17 ½ - 23	01 Oct 1997 to 01 Apr 2003 01 Oct 1997	157	d age as per Army Medical at Appx A to notification)	77 (+5 cm expansion) 77 (+5 cm	10+2/Intermediate pass in Science with Physics, Chemistry, Biology and English with min 50% marks in aggregate and min 40% marks in each subject.  OR 10+2/Intermediate pass in Science with Physics, Chemistry, Botany, Zoology and English with min 50% marks in aggregate and min 40% marks in each subject.  10+2/Intermediate exam pass in
Clerk/ Store Keeper Technical (All arms)	11 /2 - 23	to 01 Apr 2003	100	Proportionate to height and age as Standards (Details given at Appx	expansion)	any stream (Arts/Commerce/Science) with 60% aggregate and minimum 50% marks in each subject. Securing 50% in English and Maths/Accounts/Book Keeping in Class 12 <sup>th</sup> is mandatory.

**Special Instructions**: Mobile phone will not be permitted beyond the entry gate.

Special Physical Standards (As applicable)			
Class/Category	Height	Chest (Cms)	Weight (Kgs)
Gorkhas both Nepalese and Indian	157	77	As per
Tribals of recognized Tribal Areas	162	77	Appx 'A'
@ Palayatian in Physical Standards			

#### @ Relaxation in Physical Standards

Category	Height (Cms)	Chest (Cms)	Weight (Kgs)
Sons of Servicemen (SOS)/Ex-Servicemen (SOEX)/ War Widows (SOWW)/ Widows of Ex-Servicemen.	2	1	2
Adopted son/ son-in-law of a War Widow, if she has no son including a legally adopted son of Serving Soldier/ Ex-Servicemen.	2	1	2
Outstanding Sportsmen (International/ National/State/District level having secured 1 <sup>st</sup> /2 <sup>nd</sup> position in last two years).	2	3	5

@ Note – Relaxation in Physical Standards is either for wards of servicemen / ex-servicemen or sportsmen (not both) and is in addition to the Special Physical Standards.

Candidates will be tested as stated below:-

Physical Fitness Test (At Rally Site)						Remarks
1.6 Km Run	1.6 Km Run			9 Feet	Zig-Zag	(a) Provisions for Extra time
	ı	Ups)		Ditch	Balance	for 1.6 Km Run in Hilly
Group	Marks	Pull	Marks			Terrain is as follows :-
		Ups				
Group I - Up till 5 Min 30 Sec	60	10	40	Need to	Need to	(i) Between 5000Ft to
		9	33	Qualify	Qualify	9000 Ft add 30 secs to
Group II - 5 Min 31 Sec to	48	8	27			all timings
5 Min 45 Sec		7	21			
		6	16			(ii) Between 9000 Ft to
						12000 Ft add 120 secs
						to all timings.
						(h) 0-1-1
						(b) Soldiers Clerk/ Store
					,	Keeper Technical
						Categories candidates only
						need to qualify in PFT.
Physical Mea	asureme	ent (At	Rally Sit	:e)		
Physical measurements will be	carried	out as	per the F	Physical sta	andards	
listed at Para 2 above.		·	•			
	Medical	Test				
(a) As per laid down medic	al stand	ards at	the Rally	/ Site.		
(b) Unfit candidates will be	referred	I to MH	/CH/BH f	or speciali	ist review	
- Candidates referred to spec	ialist rev	iew sh	ould pre	sent them	selves to	
the nominated MH/CH/BH within 14 days of the referral and report back						
to ARO for issue of Admit Ca	ard for C	ommor	n Entran	ce Exam	(CEE), in	
case declared FIT.						

### Written Test through Common Entrance Examination (CEE)

- (a) Will be conducted for medically FIT candidates at nominated venue, location, date and time of written test will be intimated at rally site and through Admit Cards.
- (b) Admit card for the CEE for the rally Fit candidates will be issued at rally site itself.
- (c) Admit card for the CEE for the Review Fit cases will be issued after being declared medically fit by concerned specialist /specialists at Military Hospital (MH)/Command Hospital (CH)/Base Hospital (BH)
- 4. Candidates are required to bring following documents/certificates in original with two attested photocopies with them to the rally site :-
  - (a) Admit Card. Printed with Laser Printer on good quality paper (Do not shrink the size).
  - (b) **Photograph**. Twenty copies of unattested Passport size colour photographs developed on good quality photographic paper in white background not more than three months old. Computer printouts/photo shopped photographs will **NOT** be accepted.

#### (c) Education Certificates :-

- (i) Education Certificates with marks sheet **in original of** all educational qualifications achieved by candidate i.e Matric/Intermediate/Graduation etc from recognised School/ College/ Board/ University.
- (ii) Provisional / online education certificate should be certified ink signed by the head of the educational institution of concerned Board/ University.
- (iii) Candidates with Matric Certificate from Open School should bring School Leaving Certificate countersigned by BEO/ DEO.
- (d) <u>Birth and Domicile Certificate</u>. Birth Certificate issued by concerned authority and Domicile Certificate with photograph issued by **Tehsildar/ District Magistrate**.

- (e) <u>Caste Certificate</u>. Caste Certificate affixed with photograph of the candidate issued by **Tehsildar/District Magistrate**.
- (f) Religion Certificate. Religion Certificate issued by Tehsildar/ SDM (if religion as "SIKH/HINDU/MUSLIM/CRISTAIN" is not mentioned in caste certificate.
- (g) <u>School Character Certificate</u>. School Character Certificate issued by the School/College Principal/ Headmaster where the candidate last studied.
- (h) <u>Character Certificate</u>. Character Certificate with photograph issued by Police Station within last six months.
- (j) <u>Unmarried Certificate</u>. Unmarried Certificate for candidates less than 21 years of age with photograph issued by Village Sarpanch/Municipal Corporation within last six months.
- (k) <u>Relationship Certificate</u>. Son of Servicemen (SOS)/Son of Ex-servicemen (SOEX) / Son of Widow (SOW)/ Son of War Widow (SOWW) Candidates are required to produce the following documents ;-
  - (i) Relationship certificate issued from respective Record Office only duly signed by Record Officer with Personal Number, Rank, Name and particulars of the Record Officer issued the Relationship Certificate with office seal /stamp is endorsed.
  - (ii) A declaration to the affect as mentioned in the Affidavit on Ten Rupees Non-Judicial Stamp Paper prepared by the ESM duly signed by 1<sup>st</sup> Class/Executive/ Judicial Magistrate is required to be submitted by the candidate at rally site. **Format of affidavit attached as per Appendix B**.
  - (iii) Original Discharge Book of Ex-Serviceman also to be produced. Name and date of birth of the candidate must have been recorded in it.
- (I) NCC Certificate. NCC A/ B/ C certificates and Republic Day Parade certificate should have photograph of the candidate duly attested by issuing authority. Provisional NCC A/ B/ C pass certificates will only be accepted if authenticated by concerned NCC Group Commanders.

#### (m) Sports Certificate.

- (i) Sportsmen who have represented India at International level and State at National level within the **last two years**. For list of sports under which, relaxation in physical standards is admissible, attention is invited to <a href="https://www.joinindianarmy.nic.in">www.joinindianarmy.nic.in</a> website.
- (ii) Sports certificates should be with registration number and from Govt Recognised sports institute/ bodies as under :-

Ser No	Level	Authorised Sports Federation for issue of Sports Certificates
(aa)	Represented India at the International Level	Accredited Sports Federation of India of respective sport that has fielded the individual/ team to represent India.
(ab)	Represented State at the Senor/Junior National Level and have won any medal in individual event for have reached upto eighth position in team event.	National Sports Federation of the re3sjpective sports as recognised by the Ministry of Youth Affairs & Sports.

(ac)	(aa) Represented College/ University in Inter University Championship and have won any medal in individual event or have reached upto sixth position in the team event.	Inter University Sports Board.
	(ab) Represented State at National level in Khelo India Games and have won any medal in individual event or have reached upto sixth position in the team event.	National Sports Federation of the respective Sports/Sports Authority of India as recognised by the Ministry of Youth Affairs & Sports.
(ad)	Represented District at the State Level and have won any medal in individual event or have reached upto fourth position in the team event.	Respective State Sports Federation as Recognised by State Sports Ministry.
(ae)	Represented the State school team in the event org by All India School Games Federation and have won any medal in individual event or upto sixth position in the Team event.	All India School Games Federation.

- (n) <u>Affidavit</u>. An affidavit duly signed by candidate on Rs 10/- non-judicial stamp paper as per specimen attached at **Appendix C** duly attested by notary will be submitted by candidate at rally site. No column in the affidavit should be blank.
- (o) <u>Single Bank A/C, PAN Card & AADHAR Card</u>. Single Bank A/C, PAN Card & Aadhar Card are mandatory documents for final enrolment for purpose of Pay & Allowances and other social benefits scheme.

#### Important Instructions.

- 5. <u>Administration</u>. Candidates are advised to bring sufficient eatables and drinking water with them since recruitment is a time consuming process.
- 6. Candidates will be permitted entry into the rally site only on production of Admit Card in duplicate generated online through the official website <a href="www.joinindianarmy.nic.in">www.joinindianarmy.nic.in</a>. Anyone found with fake admit card will be handed over to Civil Police.
- 7. Recruitment into the army is a free service. Candidates are advised not to pay bribe to anyone for recruitment as it is based purely on merit. Selection process during recruitment at all stages is computerised and transparent. Therefore, candidates are advised to be beware of touts as they cannot help them at any stage.
- 8. Candidates are advised to check their age & education criteria before participating in the rally. Candidates found under age/ overage and not meeting education criteria will be disqualified.
- 09. Giving/taking bribe, production of bogus/fake certificates and indulging in unfair means is a criminal offence and liable for punishment under law.
- 10. Certificates with overwriting, tampering of seals or erasing/ alteration of any type will not be accepted.
- 11. All documents submitted by the candidates are verified by government agencies before enrolment into Army. Strong legal action will be taken against individuals submitting fake documents. Even after recruitment, the service will be terminated it candidates are found to have produced fake documents or gave wrong information at the time of recruitment, despite any number of years of service individual may have rendered.

- 12. No compensation for Death/ injury/ loss etc during the rally and no Travelling allowance/ Dearness allowance for journey is admissible. Candidates will participate in the rally at their own risk and participation is totally and entirely voluntary. Signing of the Indemnity Bond is a mandatory requirement.
- 13. <u>Use of Performance Enhancing Drugs</u>. Use of any kind of performance enhancing drugs is strictly banned. Candidates found to have used the same will be debarred from further screening and legal action will be initiated against defaulters.
- 14. <u>Tattoo</u>. Tribal's with tattoo marks on the face or body as per their existing custom and traditions will be permitted on a case to case bases. Further guidelines on dealing with such cases are as under:-
  - (a) Candidates belonging to tribal communities/from tribal areas, as declared by the Govt of India schedules Castes and Scheduled Tribes Orders Act/Lists (amended and modified from time to time) are permitted to have permanent body tattoos on any part of the body, as per existing customs and traditions of the said tribe to which a candidate belongs. Such candidates will only be permitted on producing the following tow certificates:-
    - (i) Self certification as per **Appendix** 'D' to be signed by the candidate.
    - (ii) Certificate of belonging to a tribal community and permissibility of permanent body tattoo (s) as per format at **Appendix** 'E' to be signed by any of the following officials:-
      - (aa) DC/DM or SDM of the District/Tehsil where the tribe of the candidate is presently settled (Name and designation of the concerned official must be clearly mentioned).
      - (ab) Chairman/Secretary or any other senior member of the Tribe (Name, designation if any and address of the concerned member will be clearly mentioned).
- 15. If 180 days or more lapse between screening medical at the rally and despatch, medical will be done again and unfit candidates in this review will not be recruited.
- 16. Selection is provisional till Rahdari Certificate is issued and candidates are despatched for training.
- 17. Mobile phones are not permitted at the rally site and at the time of Common Entrance Exam (CEE).
- 18. Candidates are advised in their own interest to undergo medical exam before coming for selection especially with respect to flat foot, poor vision, deformities and physical measurements. All are advised to ensure that their ears are free of wax by getting it cleaned by a doctor prior to the rally.
- 19. Candidates may have to present themselves at rally site for three to four days. Candidates should make arrangement for stay under their own arrangement.
- 20. Negative marking would be applicable in Common Entrance Exam (CEE).
- 21. Result of written examination will be declared on the official website <a href="https://www.joinindianarmy.nic.in">www.joinindianarmy.nic.in</a>. No separate letter will be sent to the candidate. It is the responsibility of candidates to check their result and report to ARO for documentation.

#### 22. COVID-19 Preventive Measures:-

- (a) Candidates must be in possession of the following while reporting at rally site, without which they will not be allowed to participate in the rally:-
  - (i) <u>Covid-19 FREE/Asymptomatic Certificate</u>. Candidates are required to be examined by a doctor from Government hospital and obtain a COVID-19 free / asymptomatic certificate as per Appendix 'F'. The certificate should have been issued within 72 hours prior to the rally reporting day.
  - (ii) No Risk Certificate attached as Appendix 'G'.
  - (iii) Personal face masks, gloves and hand sanitizer.
- (b) Candidates having any symptoms related to COVID-19 are advised not to move from his home station. Candidates will be returned back if symptoms like fever, cold, cough & running nose are detected at the rally site.
- (c) All candidates will be thermally screened at the rally site. Candidates having higher than normal temperature/ showing symptoms will be directed to report again on a designated day earmarked by the ARO for all such cases. If the candidate is again having symptoms on the designated day, he will NOT be allowed to participate in the rally.
- (d) Candidates are advised to download **AROGYA SETU** App at least 15 days prior to date of rally and take self assessment regularly.
- (e) Candidates from **Containment Zone** will not be allowed to attend the rally.
- (f) Do's and Don'ts while in recruitment rally :-
  - (i) Wear mask at all the time and before putting on mask, clean with soap and water. Replace mask with a new one as soon as it is damp and do not re-use single use mask.
  - (ii) Regularly and thoroughly clean your hands with soap and water during verification of documents and prior to appearing for the tests. The same will be available at site.
  - (iii) Maintain social distancing as per government order amongst each other. Don't touch your body parts or any surface unnecessarily.
  - (iv) Finally, be supportive, careful, be alert and be safe.
- 23. Candidates can apply in only one category. If anyone is found registered for multiple trade/category, he will be disqualified and will not be considered for any trade/category. Choose wisely before applying.
- 24. For more details, contact on: Telephone Number 03862-249012.

<u>Disclaimer</u>. The terms and conditions, given in the notification and on the website are subject to change and should, therefore, be treated as guidelines only. In case of any ambiguity, the existing policies, rules and regulations of Indian Army/Government of India will be final. Details are also available on website <u>www.joinindianarmy.nic.in</u>.

Place: Rangapahar (Nagaland)

Date: 07 Jan 2021

Sd/-x-x-x-x (R S Mahindrakar) Colonel

Director Recruiting Manipur & Nagaland

# STANDARD WEIGHT AS PER BMI

<u>Standard for Weight</u>. Weight for height chart will be standard for all categories of personal. The chart is based on Body Mass Index (BMI).

	T		
Age (Yrs)	Minimum weight for	Age 17 to 20 Yrs	Age 20+01 days -30
	all ages		Yrs
Height	Weight (kg)	Weight (kg)	Weight (Kg)
(cm)			
155	43.2	52.9	55.3
156	43.8	53.5	56.0
157	44.4	54.2	56.7
158	44.9	54.9	57.4
159	45.5	55.6	58.1
160	46.1	56.3	58.9
161	46.7	57.0	59.6
162	47.2	57.7	60.4
163	47.8	58.5	61.1
164	48.4	59.2	61.9
165	49.0	59.9	62.6
166	49.6	60.6	63.4
167	50.2	61.4	64.1
168	50.8	62.1	64.9
169	51.4	62.8	65.7
170	52.0	63.6	66.5
171	52.6	64.3	67.3
172	53.3	65.1	68.0
173	53.9	65.8	68.8
174	54.5	66.6	69.6
175	55.1	67.4	70.4
176	55.8	68.1	71.2

#### Appendix 'B'

Format of Affidavit. An affidavit on non-judicial stamp paper of Rs 10/- only as per format given below duly signed by 1 Class/ Executive/ Judicial Magistrate must be carried by candidate before entering rally ground.

#### **FORMAT FOR AFFIDAVIT (RELATIONSHIP CERTIFICATE HOLDERS)**

JOINT **PHOTOGRAPHS** OF CANDIDATE WITH FATHER/ MOTHER/BROTHER SELF ATTESTED BY FATHER/ MOTHER/ BROTHER (AS THE

				CASE N	MAY BE)	
1.	I, No_	Rank _	Nam	ne		of the
(Unit)		hereby de	clare that (Ca	andidate Name)		
whose	photo	graph is affixed above is my ı	eal son/brothe	er.		
2.	Partic	ulars of the candidate are as	under :-			
	(a)	Name of the candidate	:			
	(b)	Relationship with applicant	:			
	(c)	Father's Name	:			
	(d)	Mother's Name	:			
	(e)	Address				
3.	Detail	s of other ward (Sons) are as	under :-			
	S/No	Name		Occupation		Remarks
			Student E		mployed	
			(class)	Civilian	Military	-
4.	It is	certified that I am will, whose Date of Birth is				
		on earlier, if my statement is	found fake/wr	ong at later stage	, legal action ca	n be initiated
		pesides candidature of my sethe same in the Hon'ble Cou		ncelled by the Mi	litary Authority.	I shall never
oriao	.90 .0.					
Date :		2021				
				` •	Serving Soldier/ E	

Signature of 1st Class/Executive/Judicial Magistrate

(Army No, Rank, Name and Unit)

# NON JUDICIAL STAMP PAPER FORMAT OF AFFIDAVIT

1.	I,	Name	·		Son of	PASSPORT			
			while	applying for en	rolment in Army solemnly	SIZE PHOTO			
affirr	n & state	the follo	owing in my respect :-			3.5 X 4.5 CM			
	(a)	I belon	g to the following Caste	/Religion :-					
	Caste		Sub Caste	F	Religion				
	(b)	My Re	sidential Addresses are	as under :-					
		(i)	Permanent Home Add	ermanent Home Address.					
			Fathers Name		_ House No				
			Village/Mohalla		Tehsil				
			District		State				
			PIN		$\bigcirc$				
		(ii)	Postal Address.						
			Fathers Name		House No				
			Village/Mohalla		Tehsil				
			District		State				
			PIN						
			edents will be carried or se submitted above and	ut by police and also places whe	detailed verification of my decivil administration from the last resided in the last rears are as stated under:	my permanent five years.			
	<b>Q</b>		S/No From  (a) (b)	То	Residential address in for Number, Lane/Street Village/Town/Mohalla, Office, Tehsil and District	et/ Road, Thana, Post			
6			(c)						
	(c)	I am m	narried/unmarried.						
`	(d)	I hereby certify that I am involved in any civil/criminal case.							
				OR					
		I was i	nvolved in following cas	es but was acqu	iitted :-				
		(i)							
		(ii)		·					

OR

		(")	ases/FIR are per	·	gainst me	:-	
	(e)		cate. I am belov	—— v 18 ye		my parents	give their consent, for
					Signat	ure of Father	. 0
		I am authorised					
	(g)	I hereby certify	that I, son of N	0		Rank	Name or claiming bonus marks
	as none	e of my brothers cut whichever is	have been enro	olled in	Army ea	rlier/ I am no	t eligible to claim bonus
from n	Mar 2022 ny home er recruit cate, my c	<ol> <li>for every district town district basement rally in the candidature will be attending this re-</li> </ol>	ct and therefore sed on my nativite same recruiting se cancelled and	I am en y/domic g year, if enrolle pased co	titled to a tile certific based of ed, I will I	attend only or cate. I fully un n a different be dismissed ativity/Domic	ile certificate issued by
	S/No	Cert No	Date of I	ssue	Va	lidity	Issuing Authority
	(a)						
	(b)						
	(c)						
4.	Details	of nativity/domici	le certificate held	by me	in past (if	any) are as	stated below :-
	S/No	District	Issued	by	Issui	ng date	Present status (Valid/Expired)
	(a)						
	(b)						
5.	I hereby	y certify that till da	ate I have attende	ed the fo	ollowing A	Army Recruitr	nent Rallies :-
	S/No	Recruitment	Army Recruitment		th and	Category	Nativity/Domicile

Office

(a) (b) (c) used

6. I give an undertaking that all documents submitted by me are correct. All documents issued by govt org/offices have been signed by authorized designated and govt officials. If any document at any stage is found fake or wrong info is furnished by me, I am aware that I will be dismissed from service and FIR will be lodged against me.

**Signature of Notary** 

Signature of Candidate

# BODY TATTOO CERTIFICATE

l,	(Name of the	Photograph of Tattoo (s)
candidate) son of		(Post Card Size)
hereby give an undertaking that I have a		
as per details given and shown in the a		Size –
further declare that i will not have any	other body tattoo in	Туре –
future.		
Place:		
Dated :		(Signature of the candidates)
		,
	COUNTERSIGNED	
Place :		
Dated :		(Signature of Parents/Guardian)
		(0.9.000.00)
·		

senior member of the Tribe to which the candidate belongs to

with their stamp.

# CERTIFICATE (ONE CERTIFICATE FOR EACH TATTOO) FOR PERMANENT BODY TATTOO IN RESPECT OF CANDIDATES FROM TRIBAL COMMUNITIES

1.	This is to certify that	(Name of the candidate), whose date of birth		
		_ (Name of Father/Mother/Guardian as applicable		
and	belongs to (name of the Tribe) Cor	nmunity of (name of the District) in the		
State	e of (name of the State).			
2.	It is certified that the permanent body tat	too (s) inked at the following parts of the body o		
	(Name of the candidate) is as per ex	isting customs and traditions of Tribe and		
is in	practice as on date :-			
	(a)			
	(b)			
	(c)			
	(d)			
	(Total No of Tattoos – b	oth in figures and words)		
2	Doct could size photograph of cook of the to	the estimate in Development 2 of Appendix B shows in		
3.		ttoo as given in Paragraph 2 of Appendix B above is		
corre	ect and placed as under for any future reference	e/record nereafter :-		
Note	:- Each tattoo will have a separate photogi	aph with details and will be described separately		
Addi	tional pages will be used for the purpose and $\epsilon$	each page will be attested separately.		
Place	e: Affix Round Stamp	(Signature with Name designation		
Date		and Stamp of DC/DM/SDM of the District/Tehsil) <b>OR</b> (signature with		
		name, Designation if any and		
		Address of Chairman/Secretary or		

## **MEDICAL CERTIFICATE**

## **COVID-19 FREE/ ASYMPTOMATIC CERTIFICATE**

I, Dr	of	(Name	of Government	Hospital) is
registered medical practition	er and holding medica	al licence registered n	number	
have examined Mr	S/o		on date _	2021
and have found Mr	free/asy	mptomatic from COVII	D-19.	Q-
Dated :				
Note: Asymptomatic certific Registration Number of Doct	cate should have pro	Dr Govern Sector Distt PIN	nment Hospital_ r Teh/ Sub   State_	Division
		ERTIFICATE	<u>Append</u>	
1. It is certified that, Mr	(Name)	) Roll No	a candidate	for
recruitment rally, hereby cer	tify that I have no CC	)VID-19 symptoms. I t	fully understand	that travel to
rally venue is at my own i	risk and I or my pare	ents/ guardians shall	not be entitled	to claim any
compensation or reconside	ration for participation	n in the same rally	or any other re	lief from the
Government if I am infected rally.	I with COVID-19 durin	g my transit or during	g my selection p	rocess in the
Date :		(S	Signature of the c	andidates)
•	COUNTE	RSIGNED		
Station :			ture of Parent/ G	Juardian)
Dated :		Name_ Addres	 SS	